

# Noor Maini



Movement practitioner and teacher from New Delhi, India.

## ABOUT

For the past 12 years, Noor has immersed himself in training in Iyengar Yoga, Ashtanga Vinyasa Yoga as well as in Classical Ballet, Modern Artistic Contemporary Dance, and Classical Jazz Dance.

He has shared his expertise with approximately a thousand students of all ages and regularly leads sessions at yoga retreats throughout India. Having collaborated with practitioners, instructors, choreographers, and artists worldwide, he has cultivated a deep passion for interdisciplinary exchange.

In addition to his dedication to movement and yoga, he enjoys teaching Quantitative Aptitude to management students, fueled by his love for mathematics.

Outside of his professional pursuits, he finds joy in writing, reading, swimming, running, and delving into the realms of history and psychology.

## EMPLOYERS

### Berlin

Chalo-Reisen

### New Delhi

The Danceworx Performing Arts Company

### New Delhi

Triumphant Institute of Management Education

### India

Larsen and Toubro Ltd.

### India

The Times Group

## TEACHERS

### Iyengar Yoga

Usha Devi, Angelo Cecci

### Ashtanga Yoga

Ajay Tokas, Vijay Amar

### Classical Ballet

Gabor Sziraky

### Contemporary

Yuko Harada, Benjamin Jacob

### Jazz

Pankaj Guglani, Shohini Dutta

## LANGUAGES

English, German

Hindi, Punjabi

## CERTIFICATIONS

Yoga Alliance Ashtanga Yoga YTT

Mountaineering (NIM, Uttarkashi)

Skiing (IISM, Gulmarg)

## EDUCATION

### Indian Institute of Management

MBA in Supply Chain Management

Mumbai, India

### Punjab Engineering College

Bachelor of Engineering (Mechanical)

Chandigarh, India